

# Ages 5yrs. old and up



It's that time of year once again. Below is a list geared for children ages 5 and Up. You can always ask your therapist to assist you with suggestions for your child. Keep in mind their interests, abilities and areas you may wish to promote and increase their participation.

## To Promote Gross Motor Skills: Refers to large muscle movements.

These toys will enhance balance, eye-hand coordination and motor planning.

Moon Walkers

Mini Trampoline

Hockey stick and street pucks

Gymnastic Mat

Beaded jump rope

Gymnastic Mat

Gymnstik 24" Ball

Bop It

Inline Skates

Hyper Dash

Nerf ball, Gertie Ball

Koosh Balls and Activity Sets

Mesh collapsible basketball net

Roller Blades

Twister

Footloose

Motor memory games

Climbing sets, swings, outdoor

equipment

Robot Claw

T for Baseball

Ice Skates

Bike Trainer

Giant Construction Blocks

Hopscotch Play Rug/ Carpet

Hoppity Hop Ball

Musical Hop Skipper

Yoga Pretzel/ Yoga Cards

Zippy Mat Dancing Challenge

Adventure Tent and Tunnel

Zoomball

Balance Bike

Dance, Dance Revolution (Age 7 & up)

Smart Cycle by Fisher Price

Razor Scooter

Speedstacks

Elefun

Walking Stilts

**Toss Across** 2 in 1 Baseball/Golf Set by Step 2

Stepping Balance Bucket

Stomp Rocket Wobble Jumper

Roller Racer/ Flying Turtle

Giraff-alaff Limbo Yoga for Kids Video Exercise DVD for Kids My First Archery

E-Z Steppers

Plasma Ride-on Car

Big Bubble Station

Indoor/Outdoor Croquet Set

Hula Hoop

Fold N Go Trampoline Magnetic Fishing Rod

Teeter Popper by Fat Brain Toys

Sumo Bumper Boppe

Redmon Fun & Fitness Stationary Bike

Radio Flyer Cyclone 640

#### To Promote Fine Motor Skills: Refers to hand skills.

These toys will enhance manipulation, dexterity, bimanual skills (two-handed) and finger strength.

Alex Kits, foil art, wind up crayons

Architetrix Constructor Set

Balloon Lagoon by Cranium Bruce Blitz Cartoon Tracing Kits

Bristle Block Set

Buki Activity Workbooks Buki Magic Pictures Candy Making Kits

Chalkboard with soft pastel chalk

Click Its by Lego Color Change Makers

Colored pencils, mini crayons, scissors,

Cootie Bug

Connect 4 (regular & travel) Crayola Color Wonder sets

Crayola kits, stencils, rubbings, etc.

Crayola Model Magic Crayola Dry Erase crayons

Crazy Cereal by Educational Insight

Design And Drill Sets **Dexterity Dough** 

Dot Art

Dig it Up (Dinos/Fairies/GemsAnimals)

Disney Color Filz

Doorbell House with Locks

Domino Rally

Dick Blitz Cartoon Tracing kits

Dino Dice

Dr. Seuss Cat in the Hat I Can do That

Board/Card Games

Easel for coloring and painting

Easel-inflatable with paints (Hearthsong)

Fabric & Window Markers Free Play Magnatab

Geoboard by EDX Education

Hammer and Nail Puzzle set

Jenga

Kynex Model Sets

Klutz Books (e.g. tying knots)

Lauri Number Puzzle Boards & Pegs

**Tricky Fingers** 

Quadrilla Whirl and Twirl

"Suspend"Game by Melissa & Doug

Lego sets, Lego Creator Lite Brite/Lite Art Loop De Doo Craft Sets

Magna Doodles Magna Tiles

Magnatab Alphabet & Numbers

Kerplunk Marble Run

Magnetic Mosaic Picture Makers

Magna Doodles Mobile Kits

**Operation Board Game** 

On the Go Colorblast by Melissa & Doug

Paint with Water Pass the Pigs Pancakes Pileup

Pop Emz Pick up sticks Play Doh kits Rainbow Loom

Rescue Heroes & Accessories

Scratch Magic Kits by Melissa & Doug

Science Lab Kits (Perfume making/Lipbalm, etc)

Scatterpillar Scramble

Spirograph String A Long Stretch & Match Geoboard by Melissa & Tech Deck

Doug Twist and Write Penguin Pencil
Silly Putty Craft Kits: Sticker/String/Sand Art

Slime Making Kits The Sneaky Snacky Squirrel/ Shelby's Snack

Snap Circuits Jr. Unlock It ABC/Number match

Squiggle Wiggle Writer Wok & Roll
Stencil kits: On the Move, Draw a Line Whac A Mole
Stamp Maker Activity Pad by Melissa & Doug Wikki Stiks

Tip It

#### To Promote Sensory Processing: Refers to games, items that involve texture of some

type.

Band In A Box Egg Crate for beds and play areas

Bathtub crayons Moon Sand

Bean Bag Chair Pottery Wheel for Beginners
Blo Pens Rubix Cube w/Tactile Markings

Blues Clues Game Sand/ Water Table
Body Pillows Sands Alive
Body Sox Scented Pencils

Cozyphones.com Shaving Cream/Funny Foam Soap

Crazy Aaron Magnetic Putty

Dizzy Disc Jr.

Sleeping Bag

Trampoline

Snuggy Tails

Finger Paint

Spiro Hop

Geosphere Puzzle Lamp Kit Squiggle Wiggle Writer

Glitter Gel for Bodies Stomp Rocket

Hokki Chair Tactile Games :Dominos/Ned's Hugibo (yogibo.com) Head/Wooden Tic Tac Toe Jelly Water Beadz Touchable Bubbles

Kore Stool/Chaire Weighted Blankets: Magic Blanker

Mini Massagers

### To Promote Visual Perception/Perceptual Motor: Refers to visual

discrimination (size, shape, color, quantity), spatial relations, memory, part-to-whole relationships.

Castle Logix/ Camelot Mental Blox Game
Allowance Game
Clever Castle Clue

Aqua Maze Marble Run Color Stix
A-maze-ng Labyrinth/Labyrinth Junior Connect Four

Apples to Apples Jr.

Banana Grams

Crayola Secret Reveal coloring pages
Crazy Aaron's Thinking Putty Phantoms
Design & Drill Sets

Block Buddies

Block Buddies

Digital Bookmark / Timer

Body Boggle

Electronic Snap Circuits

Boggle/Boggle Jr.

Erector Set Tool Box

Bop It Figurix
Calcu-draw/ Calcu-color Find It

Finder4s Keepers Hidden Picture Workbooks

Geoboards with colored elastics Highlights Hidden Pictures Books

Get the Pictures: Dot-to-Dot Hyper Dash Guess Who I Spy Infinite Loop Kablocks Lauri Puzzles

Lego Creator & Creationary Lite Brite Cube, Mini Lite Brite

Magnatab: Alphabet & Numbers

Magnetic Playboard (vehicles)

Mastermind Jr.

Orpheus, Music Machine

Perfection

Pet Hunt

Picture Perfect

Ravensburger puzzles and games

Road and Rails

Robot Face Race

Rush Hour

**SET** 

Simon Game

Spaces Faces

Stare Game

**Subtraction Secrets** 

Super Skipper

Suspend Jr.

Think it Through Tiles (Discovery Toys)

Tumble Trax

Wack-a-Mole

Waldo Books

Water Reveal Pads

Wire Puzzles

Wonder Cube Puzzle by Melissa & Doug

Xoom Cubes

Zingo 123

Math Masterpieces 3-5, 6-7 Memory Mix Up Memory Mix Up

Mystery Garden

Mystery Mosaics color by Number

Pathfinder Peg A Plane

# **Recommended Websites:**

**Hearthsong.com** – Great for equipment to promote vestibular motor and movement

**Mindware.com** – Science Lab Kits. Dig-it up Kits, Soap-making, Food, etc.

**FatBrainToys.com** – *Games, puzzles, building sets.*